

CLHS Gymnastics Routine Worksheet FLOOR

_____ Name
 _____ Grade
 _____ Season

EVENT REQUIREMENTS

Worth 1.0 total (.2 ea.)

1	3 Tumbling Series (Passes)	0.2
2	Dance Series	0.2
3	Superior Jump, Leap OR Turn	0.2
4	Acro 1/2 Twist	0.2
5	Superior in LAST Pass	0.2

ROUTINE--1 skill in each space Dif. Req. Bonus

1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
TOTALS				
ROUTINE START VALUE				

DIFFICULTY

Worth 3.0 total

High Superior (HS)	1		0.3
Superior (S)	1		0.5
	2		0.5
	3		0.5
Medium (M)	1		0.3
	2		0.3
	3		0.3
	4		0.3

SUGGESTIONS Dif. Req. Bonus

1				
2				
3				
4				
5				
6				
7				
8				

BONUS 0.8

AHS	1		0.2
(Adv. High Superior)	2		0.2
	3		0.2
HLBB	1		0.2
(HS+HS)	2		0.2
LLBB	1		0.1
(S+S, S+HS, S+AHS)	2		0.1